

You Are Not Alone!

The American Academy of Orthopedics reports that 500,000 total knee replacement surgeries are performed each year. Such surgeries help individuals who experience pain and loss of motion and strength that adversely affects their daily lives and their ability to engage in social and athletic activities. While most knee replacement surgeries are performed on those over age 65, more and more people under that age have successfully undergone knee replacement. No matter the age of the patient, decreased pain and increased function are the main goals of knee replacement surgery.



We Are Here to Help!

Call us today at (908) 994-5406



About Trinitas Regional Medical Center

Trinitas Regional Medical Center (TRMC), a major center for comprehensive health services for those who live and work in Central New Jersey, is a Catholic teaching medical center sponsored by the Sisters of Charity of Saint Elizabeth in partnership with Elizabethtown Healthcare Foundation. With 10 Centers of Excellence across the continuum of care, Trinitas has distinguished itself in cardiology, cancer care, behavioral health, renal care, nursing education, diabetes management, wound healing and sleep medicine.

For more information on
Trinitas Regional Medical Center, visit

www.TrinitasRMC.org



225 Williamson Street • Elizabeth, NJ 07202
Main Number: (908) 994-5000
Total Joint Replacement Program: (908) 994-5406



Total Joint Replacement Program

Total Knee Replacement

*Comprehensive Care Designed
to Meet YOUR Goals*



Ask yourself these questions...

- Do you find yourself avoiding daily activities you like to do because your knee hurts?
- Do you find your knee getting swollen after only walking a short distance?
- Are you having increasing amount of pain in your knee when walking and going up and down stairs?



If you answered "yes" to any of the above, discuss with your doctor if you are a candidate for a total knee replacement.

Comprehensive Care – Individually Designed

At Trinitas Regional Medical Center, the most highly respected orthopedic surgeons in the region bring their expertise to our Total Joint Replacement Program. Their years of experience with a broad spectrum of cases make them highly qualified to help our patients. Our skilled nurses and physical and occupational therapists work together to achieve the best outcome for each patient.

Through every step of your total knee replacement experience, our team is dedicated to insure that your needs are met and your comfort is maximized.

Through our Pre Admission Testing services, we will provide you a "one stop shop" experience. We offer you and your surgeon a fast, coordinated experience in getting your clinical testing performed, and provide you with education about your total knee replacement, all in one convenient visit.

Your Hospital Stay – Comfort, Recovery, Pain Free Function

The finest post-operative care will be available to you through Trinitas Regional Medical Center. Your comfort and meeting your needs are what drive the services you will receive.

Your rehabilitation will begin the day of surgery and will continue twice daily throughout your hospital stay. You will receive instruction in proper exercise and how to walk and move about with your new knee.

Restoring You to Your Highest Level
of Function is Our Main Goal.



Upon discharge from the hospital, you and your surgeon will decide whether a stay at a rehabilitation facility to further your recovery is necessary.

If not, outpatient rehabilitation is available at our Health and Rehabilitation Center. Your rehabilitation schedule can be arranged prior to your discharge from the hospital.

Let Us Help You
"Get Back in the Game!"

Call the Total Joint Replacement Program
at (908) 994-5406

